



Family Readiness Group Newsletter



Volume 1, Issue 6

July 2003

From the HHC Commander CPT Matthew A. Anderson



Hello Team 16 Family and Friends,

It's hard to believe another month has passed here in Iraq. It seems like just yesterday I was sitting here and writing comments for our June FRG newsletter.

Team 16 continues to accomplish so much. We have been busy conducting safety training to ensure our soldiers are properly prepared for the dangers they may face while living within a combat zone. Our staff continues to provide guidance and direction to two battalions and my headquarters continues to provide top-notch support to the staff. All of our soldiers have performed brilliantly throughout this deployment and are to be commended.

We continue to improve our living conditions daily. And with 24th CSG moving out of the area we have been able to enlarge and improve both our work and sleeping areas. We are currently working on a patio for evening relaxation and a gym is in our future plans. Also in the works is a Community Sporting Event/BBQ to celebrate our great nation's Birthday on July 4th.

While we still do not know when we will redeploy spirits remain high. We have come a long way from the cold winter morning we loaded our equipment onto railcars on Pioneer Kaserne back home in Hanau. Yet our mission here remains unfinished. We will continue to provide uninterrupted support as long as the CENTCOM Commander requires our services. And as soon a redeployment date is known you will all know without delay.

As Team 16 remains here in Iraq many changes in the group have occurred and there will be more to come in the near future. In June we bid farewell to several great soldiers-including LTC Mike Sage-a true icon in the group and his wife Lori-the dynamic duo. All will be truly missed as they make their way to new units throughout the Army Family.

Then on July 22, 2003 COL Brown will relinquish the 16th Corps Support Group to

COL Michael Sevcik in a small ceremony here on our compound. As we prepare to transition from one Group Commander to another it is important to remember that change is constant and we should embrace it.

COL Joseph Brown has been in command of 16th CSG for the past two years. During that time he has taken both the company and group to new heights. He has prepared us for the ultimate test on any unit-War. HHC has grown under his tutelage and the result has been the successful support of major combat operations during Operation Iraqi Freedom. From the road to Readiness Review to Victory Strike III HHC has continued to grow from his leadership. As we bid farewell to COL Brown and to Rena Brown we must never forget the many contributions they have made to this organization. They will both be truly missed.

As COL Sevcik joins us from the National Airborne Operations Command at Offutt AFB, Nebraska we welcome him, his wife, Tamara and daughter, Molly into our Team 16 family. COL Sevcik will begin his command here in Iraq and lead us for the duration of this deployment. We are both saddened by the departure of COL Brown and excited with the endless possibilities the future holds with COL Sevcik in command.

To you-our friends and family-I can never express in writing how much I appreciate your tireless support of our soldiers. I know without your continued support their performance here would not be as successful as it has been. Continue to take care of each other there on the home front and we hope to see you soon.

Very Respectfully,

Matthew Anderson
Captain, Transportation
Commanding

Quote of the Month

"Change has a considerable psychological impact on the human mind.

To the fearful it is threatening because it means that things may get worse.

To the hopeful it is encouraging because things may get better.

To the confident it is inspiring because the challenge exists to make things better."

-King Whitney Jr.

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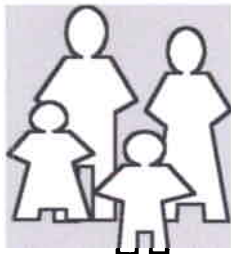
Upcoming FRG Meetings

There will not be an FRG meeting during the months of July and August. Meetings will resume in September. Summer is upon us and with it attendance has dwindled significantly.

Unfortunately, at our June meeting the guest speaker, Charlotte Riley from AFTB, was unable to make her presentation on the Deployment Support Network (DSN) due to lack of attendance.

NO Family Readiness Group meetings will be scheduled for the months of July and August.

The next Family Readiness Group meeting will be on **Wednesday, September 11, 2003.** Time and place to be announced in the August newsletter.



Be on the lookout for a **NEW FRG SURVEY.** I will post it at the CMR 412 mail-room. **Please take the time to fill it out and**

help me to determine a better time and location for our monthly meetings. Your continued involvement will help make our FRG a success.

IACS

The Installation Access Control System

"Don't get left outside the gate".

Mass Registration through 3 August 2003

Building 24
Pioneer Kaserne
0800-1600
POC SSG Henson
06181-88-9009



**Thank-you
Linda Harvey**

For your Support!

Community Happenings in Hanau and Surrounding Areas

Stay tuned to Community Happenings by picking up a copy of the **Herald Union** and checking out the **Hanau Community website** at **www.hanau.army.mil.**

414th BSB FOURTH OF JULY PICNIC

Pioneer Kaserne
July 4
3-10 pm

Food & Drink
Games
Softball
Jumper House

FIREWORKS



Vacation Bible School Registration begins July 2 and lasts until August 4. Volunteers are needed. Volunteers will receive training and free childcare. POC: Deanna Porrett 06183-913-050

July Hanau USO Tours:
2 July Aschaffenburg
9 July Hanau Orientation
10 July Rothenburg
12 July Cologne
Wellness Paradise
15 July Birkenstock
17 July Wurzburg Fortress
22 July Nurnberg
24 July Frankfurt
26 July Centro Mall
30 July Heidelberg For

more information on tours-go to your local Hanau USO.

**Hanau USO Lounge,
Building 4, First floor
Pioneer Kaserne
HOURS M-W-F 0900-1700
TUES 1300-1700.**

New Mail Service

Delivery Confirmation is available for U.S. parcels as of July 1 at all U.S. Army Post Offices in Germany.

Cost is 45 cents for USPS Priority Mail and 55 cents for SAM. For more info go to your Wolfgang APO.

Did You Know....

that it is possible to make baked goods that can withstand the extreme heat downrange without spoiling? Here are a few helpful tips courtesy of www.verybestbaking.com

- 1) No butter, margarine, peanut butter or nuts should be used. These fats will go rancid too fast in the high heat. Butter flavored vegetable shortening is a better alternative.
- 2) No brown sugar, corn sugar, honey, or molasses should be used. The baked goods will be too soft and possibly become moldy. Only white table sugar should be used.
- 3) Chocolate & butterscotch can be used in baked goods. Once chocolate has been baked into the product and has the chance to take up moisture from the batter, the chocolate will stay rather firm.
- 4) Bar cookies and brownies are the best bets for safe packing and are quickest for baking large quantities.
- 5) Baked goods should be wrapped tightly in aluminum foil, which provides the best barrier against humidity.
- 6) Pack goodies in sturdy boxes and surround them with foam packaging material such as Styrofoam "peanuts."

We Salute You!

Army Commendation Medal (ARCOM) :



The Army Commendation Medal, is awarded to any member of the U.S. Armed Forces who distinguishes himself or herself by heroism, meritorious achievement, or meritorious service.

Recipients

PFC Alvarez
PV2 Banuelas-Reza
SPC Beaudoin
PFC Benedict
SGT (P) Castillote
1LT Chevalier
SSG Corbett
1LT Crocker
PV2 Cummings
CW3 Davis

SPC DeJesus
SFC Fernandez
SPC Garcia
MSG Harrison
SGT Haynes
SPC Hill

SSG Hobbs
1LT Hodge
SPC Jackson
SFC C. James
MSG I. James
MAJ Y. Kanney
SSG Koder
PV2 Luna
SFC Madison
2LT Marshall
SPC Mason
SGT Miller
SGT Morales
CPT Nowak

SPC Pabellon
SPC Padilla
SPC Prescott
PV2 Revell
SGT Rivers
SGT Sanchez
1LT Saravia
SSG Smallwood
PV2 Smith
SSG Turner

SPC Vallarta
SPC Vantassell
CPT Vornholt
SPC Walker
SGT A. Washington
SSG Williams

Bronze Star Medal:



The Bronze Star Medal, is awarded to any person who, while serving in any capacity in or with the Army of the United States, distinguishes himself or herself by heroic or meritorious achievement or service, in connection with military operations against an armed enemy or while engaged in military operations involving conflict with an opposing armed force.

Recipients

MAJ Auffert
CW2 Balades
CPT Bennett
MSG Bestor
SGM Bochette
CW2 Brooks
COL J. Brown
MAJ T. Brown
1LT Consedine
CPT Gemin

SGM Harvey
SFC Hoback
MAJ Hookness
MAJ Iliff
MSG Jones
MAJ R. Kanney
CPT Knieriem
SFC Kramer
1SG Lewis
SSG Montgomery

MAJ Pacheco
SPC Potter
SFC Rafael
SFC Sidor
CPT Smith
CPT Staley
SFC Stoner
CW3 Stoudemire
SSG Woodard
CSM Yarborough
SFC Fauntleroy

Downrange Happenings

TBA Soldier Appreciation Luncheon

1 July 2003 Awards & Promotions Ceremony (monthly)

4 July 2003 Fourth of July BBQ & Community Sports Day

Events:

7 man football
3 on 3 basketball
6 man volleyball
Dominoes

Chess
Spades
Darts
Tug of War and Water Balloon Toss



18 July 2003 COL Brown Farewell Dinner and Golf Tournament. A Roast Style dinner is planned.

22 July 2003 16th CSG Change of Command between COL Brown and COL Sevcik.

Support Our Troops

The FRG and Rear D continues to seek donations for care packages to be sent downrange. The collection box is located outside of the door to the EAC, room 102, on the first floor of the headquarters building.

Rank/Name
HHC, 16th CSG (WC9GAA)
3COSCOM
Unit #91777
APO, AE 09372-1777

The 55th Postal Company discourages sending bottled water downrange. Apparently, there has been several incidents where the bottled water has leaked and damaged other mail. Packages remain a morale boost-KEEP'EM COMING!



ISG Lewis and CPT Anderson



Troops bonding with a little help from cigars.

HAPPY FOURTH OF JULY

From
your
FRG

Monthly Website Spotlight

www.verybestbaking.com



If you are thinking about sending your soldier some homemade baked goods this is the site for you. www.verybestbaking.com

Nestle has just added a section to their site that provides great tips for making and sending homemade treats to the desert.

Included is a few "desert safe recipe's" including Creative Pan Cookies, Butter-scotch Scotchies, Double Chocolate Brownies and Irresistible Brownies. The 'desert safe recipe' for Irresistible Brownies is this month's page five recipe.

You will also find several cooking hint's in this month's 'Did you know' for baking the desert safe treats. Try them and enjoy.

Key Deployment Contacts

Rear Detachment :

OIC: MAJ Dvorshak
DSN: 322-9381
(H) 06181-906-5180 Darik.
dvorshak@16csg.hanau.army.mil

NCOIC: SFC Hatcher
DSN: 322-9206
(H) 06181-675-184
Sharon.hatcher@16csg.hanau.army.mil

OIC (CO level): CPT Hartigan

DSN: 322-8574
(H) 06998-192-984
Melisa.hartigan@16csg.hanau.army.mil

FRG Liaison:

SSG Washington
DSN: 322-9868
(H) 06181-906-6440
Jacqueline.washington@16csg.hanau.army.mil

Useful Phone Numbers

STAFF DUTY: 06181-88-8007

MAILROOM : 06181-889279

BASE OPERATIONS SERVICES:
06181-88-8601

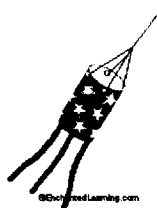
HANAU MILITARY POLICE:
06181-88-8749 NON-Emergency

EMERGENCY POLICE: CIV 88-114



Kid's Craft Corner

Kids, you can make a patriotic wind sock from an oatmeal box, construction paper, string and crepe paper streamers.



Supplies needed:

- A cylindrical cardboard oatmeal box
- Construction paper (blue and white)
- Red and white crepe paper streamers
- Glue
- String
- Scissors
- Hole punch

Directions:

1. Cut the bottom off a cylindrical cardboard oatmeal box.
2. Cover the box with blue construction paper and then glue on white construction paper stars.
3. Cut some red and white crepe paper streamers and glue or staple them to one end of the wind sock.

4. Punch four holes along the top of the wind sock.
5. Cut two pieces of string about a foot long. Tie the strings to the wind sock (tie the opposite ends of a string to holes on opposite sides of the cylinder).

6. Tie a longer piece of string to the smaller pieces - you'll hang the wind sock from this piece of string.
7. Hang your patriotic wind sock from your window or porch.

www.enchantedlearning.com

Willkommen und auf Wiedersehen!

HHC welcomes the following soldiers and their families:

MAJ Waller from 485th CSB to SPO

CPT Sanchez from 485th CSB to SPO

1LT Fonde from 485th CSB to Asst. S-4

SGT Frank from Fort Bliss

HHC wishes the following soldiers and their families a fond farewell:

SGT Offor to PCS to WOBC and then on to FT. Campbell.

MAJ Auffert to PCS to 143rd Trans in Orlando, Florida.

SPC Hartley

SFC James to ANCO
SFC Beckford to ANCO



Each month I will feature a new recipe.

If you have a favorite recipe you would like to share please email it to me at:

janet.anderson3@us.army.mil.

This month's recipe, is: **Irresistible Brownies**, a "desert-safe" recipe found on www.verybestbaking.com which is our featured website this month.

This particular recipe received five stars and had many excellent reviews from military spouses like ourselves currently sending homemade goodies downrange

Irresistible Brownies

Try one of our "**desert-safe**" recipes to send to your loved one overseas. This recipe has been tested in our kitchen and does meet Middle East guidelines, as well as U.S. Postal Service mailing regulations.

Estimated Times:

Preparation - 20 min | Cooking - 30 min | Yields - 30

Ingredients

- 1 1/2 cups all-purpose flour
- 1 cup NESTLÉ TOLL HOUSE Baking Cocoa
- 1/2 teaspoon baking powder
- 1/2 teaspoon salt
- 2/3 cup butter-flavored vegetable shortening
- 2 cups granulated sugar
- 4 large eggs
- 2 cups (12-oz. pkg.) NESTLÉ TOLL HOUSE Premier White Morsels

Directions

PREHEAT oven to 350° F. Grease 13 x 9-inch baking pan.


COMBINE flour, cocoa, baking powder and salt in small bowl. Beat shortening, sugar and eggs in large mixer bowl until creamy. Gradually beat in flour mixture. Stir in morsels. Pour into prepared baking pan. **BAKE** for 25 to 30 minutes, or until toothpick inserted near center comes out clean. Cool completely in pan on wire rack. Cut into squares.

HHC, 16th Corps Support Group

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CIV 06181-906-4586
EMAIL: janet.anderson3@us.army.mil


MPS


HHC, 16th CSG
Family Readiness Group

"Team 16"

We're on the web!
[www.3coscom.wiesbaden.](http://www.3coscom.wiesbaden.army.mil/16csg/family)
[army.mil/16csg/family](http://www.3coscom.wiesbaden.army.mil/16csg/family)

July 2003

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4 	5
6	7	8	9	10	11	12
13	14	15	16	17	18 COL Brown's Farewell Dinner	19
20	21	22 Change of Command COL Brown and COL Sevcik	23	24	25	26
27	28	29	30	31		